

# SAP

# MEMBERS

## PRINCIPAL

Abbey Walshaw-Wertz

## SCHOOL COUNSELOR

Emily Maldonado

## TEACHERS

Justin Adams

Adam Downing

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Taryn Troutman

Megan Wallisch



# UPPER DAUPHIN AREA MIDDLE SCHOOL

**S**tudent

**A**ssistance

**P**rogram

Helping At-Risk Teens

Upper Dauphin Area Middle School

Abbey Walshaw-Wertz  
Principal

5668 State Route 209  
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## MENTAL HEALTH CONSULTANT

Jeff Selter

## DRUG & ALCOHOL CONSULTANT

Natasha Sentiwany



## What is the Student Assistant Program?

Schools are the only institution through which all young people must pass. This gives the school personnel a unique opportunity to identify and help at-risk students.

An at-risk student is one who has an emotional, social, or substance abuse problem which conflicts with the normal learning process. These problems include, but are not limited to the following:

- Academic and behavioral difficulties
- Student neglect or abuse
- Depression & mental health issues
- Substance abuse
- Eating disorders
- Student pregnancy
- Student truancy
- Attempted suicide or self-harm

## The SAP Team

The heart of the Student Assistance Program is the specially trained Student Assistance Team. Members of the core team have a common base of knowledge about Student Assistance Programs in relation to adolescent chemical dependency, suicide, and other mental health concerns. All members of the team are trained and certified through Teenline.

This team is not a disciplinary team nor does it provide therapy. The Student Assistance Team identifies and refers students to appropriate sources for help.

The team is committed to the utmost confidentiality in all aspects of the intervention process. Parent permission is required in order to begin the process

### *The Process*

The primary activities of the SAP Team are as follows:

1. To receive referrals concerning at-risk students
2. To communicate and work with parents and families of referred students
3. To gather information and conduct needs assessments for referred students
4. To arrange assistance from intervention resources in the school and community

