## Middle School Electives

## Art Appreciation grade 8-12 (.5 Credit)

What makes an artwork a masterpiece? Why do artists create art? What is the difference between Rococo and Art Nouveau? In this course, students will discover the answers to these questions and more. We examine the elements of art and principles of design, and explore how artists have used these elements and principles in the creation of art for centuries.

## Computer Basics (. 5 Credit)

In this course you will learn how to use productivity and collaboration tools, such as G Suite by Google Cloud to create word processing documents, spreadsheets, surveys and forms such as personal budgets and invitations.

## MS Health ( 5 Credit)

This course will help the student understand the importance of making decisions that will affect his or her physical, emotional, mental and social health. This course will provide students with the knowledge and resources they will need to make responsible informed decisions about their health. Students will have an opportunity to evaluate their own values, opinions and attitudes about health.

## Music Appreciation grades 8-12 (.5 Credit)

Students will gain a thorough understanding of music by studying the elements of music, musical instruments, and music history, as well as music advocacy. Students will be introduced to the orchestra and composers from around the world. They will be required to be a composer, performer, instrument inventor, and advocate.

## MS Physical Education (. 5 Credit)

To improve and maintain optimum health, it is necessary for people of all ages to participate in physical exercise. There is little doubt that, in addition to students in schools, the number of adults participating in sports and recreational activities in the United States has increased in recent years. Physical education is much more than just fitness and exercise. A well-planned program will cause you to think and express your emotions about different situations. In addition, a good program can make a valuable contribution to your education. These experiences will help you develop a sense of wellness. Emphasis in this course is placed on the value of these sports as possible lifetime activities and on creating a clear explanation of the rules and basic principles of a variety of sports. The sports covered in this course are archery,
bicycling, golf, skiing, tennis, volleyball, baseball, basketball, football, hockey, and soccer. Information about the playing area and equipment, basic rules, safety considerations, and terminology for each sport are included in the discussions. For the most part, the information presented in each lesson applies to sports programs throughout most sections of the United States.

